

Adanac CYC - TYPICAL 'School' Menu Items

BREAKFAST

Hot Porridge or Fruit in Syrup, Assorted Cereals, Toast with jam, butter, vegemite, etc. and Orange Juice.

LUNCH

Focaccias - Italian bread filled with an assortment of meat, cheese, vegetables, and sauce and baked.

Soft Tacos - flour tortillas filled with spicy beef or chicken, salsa, tomato, lettuce, cheese & sour cream.

Big Beef Burgers - homemade beef patties, rolls, lettuce, tomato, cheese and sauce.

Flame Grilled Chicken Burger - grilled chicken fillet in a crusty bun with cheese, lettuce, tomato and mayonnaise.

Hot Roast Chicken Roll - Hot Roast Chicken in gravy served in a crusty bun with coleslaw

BBQ Sausages - Served in a long crusty roll served with cheese, fried onion, coleslaw & salad.

Assorted Bread Rolls - Crusty rolls filled with a variety of lunchmeats, salad, and sauce.

****All lunch items are served with Salad and Soup or a Fresh Fruit Platter.**

DINNER

Chicken Parmagiana - Lightly crumbed chicken schnitzel topped with ham, tomato concasse and melted cheese.

Enchiladas - Spicy Mexican beef or chicken wrapped in a flour tortilla topped with momay and salsa and oven baked until golden.

Louisiana Beef Casserole - topped with potato & chive dumplings served in a flaky pastry crust.

Lamb Rogan Josh - Tender pieces of lamb slowly cooked in Indian spices served on a bed of steamed basmati rice.

Traditional Bolognese Lasagna

Fish & Gems - fish of the day served with potato gems, lemon, and tartare sauce.

Spaghetti Bolognese - traditional bolognese sauce served over pasta with fresh garden salad.

Chicken Mornay Bake - Shell pasta and chicken baked in a cheesy mornay sauce.

****All main dishes are served with either vegetables or salad and dinner rolls.**

DESSERT

Hot Fruit Crumble - served with ice cream.

Frog in the Pond - Jelly served with ice cream or cream and with a chocolate frog.

Chocolate Self-Saucing Pudding - served with ice cream .

Strawberry Cheesecake - served with cream.

Seasonal Fresh Fruit Salad - served with cream or ice cream.

Individual Pavlova - topped with cream, fresh fruit or peppermint crisp.

Butterscotch Pudding served with cream or ice cream.

Mars Bar Cheesecake - served with cream.

Ice Cream - with topping and a chocolate side.

It is our pleasure to do everything we can to cater to all special dietary requirements.

Standard Meal Times

Breakfast 8:00am

Morning Tea 10:00am *

Lunch 12:30pm

Afternoon Tea 2:30pm *

Dinner 6.00pm

Supper 8.00pm *

*Morning and Afternoon Teas and Supper times can be arranged to meet your needs.