

FOREST EDGE CYC – SAMPLE MENU FOR SCHOOL GROUPS (WEEKLONG)

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST (8:00AM)		Cereals, toast, orange juice, fruit	Cereals, toast, orange juice, fruit	Cereals, toast, orange juice, fruit, porridge	Cereals, toast, orange juice, fruit
MORNING TEA (10:30AM)		Muffins	Scones, jam & cream	Homemade slice	Fruit platter
LUNCH (12:30PM)		Baked potato Grated cheese Beetroot Tomato Sour cream Pineapple Lettuce Bacon Bread & butter Cordial	Hot Dogs Cheese Lettuce Pineapple Tomato Cordial Fresh Fruit	Chicken burgers Sliced cheese Tomato Beetroot Lettuce Cordial Fresh Fruit	Bread roll with various fillings Ham & cheese Salad Vegemite Ham & Salad Cheese & Salad Cordial Fresh fruit
TEA (5:30PM)	Fish and chips Peas Corn Tossed Salad Bread & butter Cordial Frog in the pond Fresh fruit	Chicken parma Mixed vegetables Seasoned wedges Bread & butter Cordial Chocolate mousse Fresh Fruit	Lasagna Tossed salads Garlic bread Bread & butter Cordial Self saucing pudding Fresh fruit	Roast beef Baby carrots Baby beans Roast potato Gravy Bread & butter Cordial Apple crumble & cream Fresh fruit	
SUPPER	Carrot cake	Chocolate cake	Banana cake	Orange cake	